

Review Date: 8/14/13

Name/Title: Suicide: A Major, Preventable Mental Health Problem: Facts about Suicide and Suicide Prevention among Teens and Young Adults

Author: National Institute of Mental Health (NIMH)

Media Type: (Book, CD, Flyer, Poster, Website, etc) Flyer

Publisher/Supplier: NIMH

Publication Date: 2012

Re-order Source: <https://infocenter.nimh.nih.gov/index.cfm>; available online as pdf at:
<http://nimh.nih.gov/health/publications/suicide-a-major-preventable-mental-health-problem-fact-sheet/teen-suicide.pdf>

Language: English

Usefulness Rating:

1. Excellent
2. Good XX
3. Fair
4. Poor
5. Rated by: (CSSRC staff member) Alice
6. Comments:
 - a. This flyer is addressed to teens, providing risk factors and signs of suicide in oneself or others. With a brief overview of information from a reliable government source, this is a convenient resource to distribute while discussing suicide prevention with students.
 - b. Contact information for the National Suicide Prevention Lifeline is included on the reverse of the flyer. If this flyer is displayed as a poster, it would be easy for people to miss seeing the Lifeline contact information.

Category: (Prevention, Preparedness, Response, Recovery, Promotional Item) Prevention

Topic: (Bullying, Substance Abuse, Threat Assessment, etc) Suicide

Audience: (Administrators, Counselors/Psychologists/Social Workers, Emergency Responders, Health Professionals/Nurses, Law Enforcement/SROs/Security, Parents, Teachers, Other School Personnel) Youth

Intended Age Group: (pre-K, elementary, middle, high, higher education) High School, Higher Education

Cost: 0



Additional Comments: This flyer pairs nicely with “Depression and High School Students: Answers to Students’ Frequently Asked Questions about Depression.”

